



# CERTIFICATE OF PARTICIPATION

This is to certify that

**Adiel Adams**

Has successfully participated & completed the  
**42km The Spar Knysna Forest Marathon**  
held at Knysna.

**TIME 05:24:20**

**PACE 07:42/km**

**GENDER 338 of 563**

**OVERALL 486 of 834**

**50+ 38 of 75**

08 July 2023, Sat

Date



*BoutTime*

Signature

